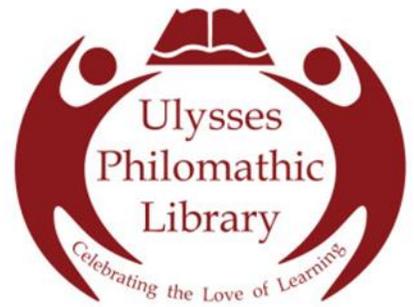


A Library Guide to Grief

Books about Death, Loss, and Grief for Children and their Caregivers



Wherever You Are: My Love Will Find You by Nancy Tillman (ages 2-5)

E Tillman

I wanted you more than you'll ever know, so I sent love to follow wherever you go. If love could take shape it might look something like these heartfelt words and images from the inimitable Nancy Tillman.

What Happened to Daddy's Body? by Elke & Alex Barber and Anna Jarvis (ages 2-7)

E Barber

This picture book aims to help children understand what happens to the body after death. It covers cremation, burial and spreading ashes by answering questions that Alex, a three year old boy, asked his mum after the death of his father.

Everywhere and All Around by Pimm van Hest and Sassafra De Bruyn (ages 5-7)

E van Hest

Yolanda's mom has died. One moment she was breathing. And the next moment she wasn't. She was there, and yet she wasn't. Where could her mom be now? A moving presentation of the ways people – and especially little people – find meaning in death.

What's Heaven by Maria Shriver and Sandra Speidel (ages 6-8)

E Shriver

This treasure of a book, for people of all faiths, is a starting point for parents who must talk about the difficult topic of death with their children. The many questions in this book are real, coming from Shriver's own children, nieces, and nephews when her grandmother Rose Fitzgerald Kennedy passed away.

Michael Rosen's Sad Book by Michael Rosen and Quentin Blake (ages 6-8)

E Rosen

Sad things happen to everyone, and sometimes people feel sad for no reason at all. What makes Michael Rosen sad is thinking about his son, Eddie, who died suddenly at the age

of eighteen. The author writes about his sadness and some of the things he does to cope with it.

Duck, Death and the Tulip by W. Erlbruch, P. Todd, and C. Chidgey (ages 6-8)

E Erlbruch

In a strangely heart-warming story, a duck strikes up an unlikely friendship with Death. Simple, unusual, warm and witty, this book deals with a difficult subject in a way that is elegant, straightforward, and thought-provoking.

Cry Heart, but Never Break by G. Ringtved, C. Pardi, and R. Moulthrop (Ages 6-8)

E Ringtved

Aware their grandmother is gravely ill, four siblings make a pact to keep death from taking her away. But Death does arrive all the same, as it must. He comes gently, naturally. And he comes with enough time to share a story with the children that helps them to realize the value of loss to life and the importance of being able to say goodbye.

The Weird Things That Happen When Someone You Love Dies by R. Schmidt and Z. Ralston (ages 9-11)

J 155.9

A book of lists to help middle school-aged children get through some of the weird, sad, angry, and confusing things that happen when a loved one dies. This book will help children to make sense of all the strange behavior of friends and family, what happens at a funeral, what to expect when it's over, how to deal with all the emotions they might be feeling, and all the weird things in between.

Option B: Facing Adversity, Building Resilience, and Finding Joy by S. Sandberg and A. Grant (for adult readers)

155.9 Sandberg

After the sudden death of her husband, Sandberg felt certain that she and her children would never feel pure joy again. But even after the most devastating events, it is possible to grow by finding deeper meaning and gaining greater appreciation in our lives.

Other books are available in the adult collection (call number 155.9), juvenile collection (call number J 155.9), and by request from other Finger Lakes Library Branches. Please ask at the desk for assistance and suggestions.