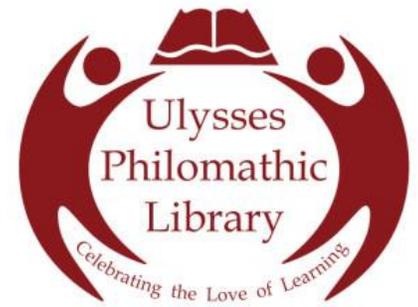


# **A Library Guide to Adulthood 101**

**Books about the tools and techniques**

**you didn't know you didn't know**



**Adulthood: how to become a grown-up in 535 easy(ish) steps**

**303.2 Brown**

Just because you don't feel like an adult doesn't mean you can't act like one. Based on Kelly Williams Brown's popular blog, ADULTING, makes the scary, confusing "real world" approachable, manageable, and even conquerable.

**Almost Adulthood: all you need to know to get it together (sort of)**

**646.7 Rose**

By the end of the book you'll have learned not only how to dress yourself, how to travel alone, how to talk to strangers online, and how to date strangers, but also how to pass as a real, functioning, appropriately socialized adult.

**The Can't Cook Book: 100+ recipes for the absolutely terrified!**

**641.5 Seinfeld**

Filled with easy-to-follow, step-by-step instructions, along with amusing anecdotes, this is a must-have collection of more than 100 simple recipes. Each recipe is written in Jessica's calming, confidence-building voice, which tells you up-front what the challenge will be and then shows you exactly how you overcome it in easy-to-follow, step-by-step instructions.

**Organized Enough: the anti-perfectionist's guide to getting-and staying-organized**

**648 Sullivan**

If you're looking to clean up but not clean out, if you want to declutter but don't want to throw out eighty percent of your stuff, if you want to be able to find matching socks in the morning but don't want a color-coded sock drawer, you've come to the right place.

**The One-Page Financial Plan: a simple way to be smart about your money**

**332.024 Richards**

Removes the complexity from investing by encouraging readers to identify deeply personal goals and to use a series of simple, focused steps to help set up and attain a workable, meaningful financial plan.

### **The Useful Book: 201 life skills they used to teach in home ec and shop**

**640 Bowers**

This book is for readers who ever wished they knew how to hem pants properly, clean a coffeemaker, or do a simple plumbing repair. The information is organized into sections, including "Cooking," "Domestic Arts," "Woodworking & Metalworking," and "Mechanical." All kinds of tasks are covered, from projects such as hanging a light fixture and rotating tires, to life skills such as packing a suitcase and polishing shoes.

### **The Smart Cookies' Guide to Making More Dough: how five young women got smart, formed a money group, and took control of their finances**

**332.024 Barrett**

Five dynamic young women describe how they formed a money club with the intent of developing strategies for getting out of debt and improving their individual financial situation, sharing their proven recipe for success with their personal stories, easy-to-follow steps, and strategies for meeting any goal, from eliminating debt to becoming a smart spender.

### **Working for Yourself**

**343.7305 Fishman**

Whether you're starting a full-scale consulting business or booking gigs on the side, Working for Yourself provides a guide to legal issues, contracts, price services, tax deductions, and information on benefit options available through the ACA.

### **Awkward: the science of why we're socially awkward and why that's awesome**

**302.3 Tashiro**

Interweaving the latest research with personal tales and real world examples, this offers reassurance and provides valuable insights into how listeners can embrace their personal quirks and unique talents to harness their awesome potential, and more comfortably navigate their complex world.

**Other books are available in the young adult and adult collections, and by request from other Finger Lakes Library Branches. Please ask at the desk for assistance and suggestions.**

**Ulysses Philomathic Library**  
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